



# Exercise model

Version: 1  
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*(note that the following list should be linked to the appropriate location.)*

- [Summary](#)
- [Reagents and Materials](#)
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**Summary:** *(This area will include a brief description of what the protocol is used for and why someone would need to use it.)*

In-cage free running wheel is used to voluntarily induce exercise in awake mice. Exercise affects insulin sensitivity and glucose metabolism.

**Reagents and Materials:** *(This should be a comprehensive list of stock solutions and material. The reagent list for the stock solutions is included in the reagent preparation area that is included at the end of this SOP.)*

Reagent/Material	Vendor	Stock Number
Running wheel		

## Protocol:

1. Place running wheel inside mouse home cage.
2. Monitor mouse health.